Clinical cases

Dental management in Williams-Beuren syndrome: Case report

Postępowanie stomatologiczne w zespole Williamsa-Beurena – opis przypadku

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A – research concept and design; B – collection and/or assembly of data; C – data analysis and interpretation;
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Abstract

Williams-Beuren syndrome is a multisystem disorder caused by microdeletion of chromosome No. 7 at the 7q11.23 band. The physical phenotype includes typical facial dysmorphism with a flat nasal bridge, short upturned nose, periorbital puffiness, long philtrum and delicate chin. Common features include supravalvular aortic stenosis, mental retardation, learning disabilities, growth delay, infantile hypercalcemia, hyperacusis, feeding difficulties, scoliosis, strabismus and oral abnormalities.

The purpose of this paper was to describe the pediatric dentistry management and dental findings of a boy aged 9 years 3 months with Williams-Beuren syndrome, who had had a painful lower right first molar because of a dental abscess that was treated under local anesthesia and antibiotic prophylaxis. Consultation with the child's cardiologist revealed pulmonary stenosis, interatrial communication, ventricular septal defect and patent ductus arteriosus. When treating a patient with Williams-Beuren syndrome, the cardiovascular disease, mental retardation and behavior of the child must be considered. Preventive measures, education, caregiver training and frequent consultations with the pediatric dentist are essential for these patients.

Key words: Williams-Beuren syndrome, dental management

Słowa kluczowe: zespół Williamsa-Beurena, postępowanie stomatologiczne

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Williams-Beuren syndrome, was described by Dr. J. C. P. Williams and Dr. A. J. Beuren. Also known as Williams syndrome (Online Medelian Inheritance in Man [OMIM] number, 194050), it is a multisystem disorder caused by microdeletion of chromosome No. 7q11.23 band spanning 1.5 million to 1.8 million base pairs and containing 26 to 28 genes. Prevalence estimation is approximately 1 in 10,000 persons, however 1 per 20,000–50,000 live births has been reported. Furthermore, the disorder has no sex, race or ethnic predilection.

The physical phenotype includes typical facial dysmorphism (elfin-like face), young children are often described as cute or pixie-like, with a flat nasal bridge, short upturned nose, periorbital puffiness, long philtrum and delicate chin, whereas older patients have slightly coarse features, with full lips, a wide smile and full nasal tip. In addition, common features include supravalvular aortic stenosis, mental retardation, learning disabilities, growth delay, infantile hypercalcemia, hyperacusis, feeding difficulties, scoliosis and strabismus.

Patients also show some abnormalities both in primary and permanent teeth: a high incidence of caries, malocclusions, enamel hypoplasia, supernumerary teeth, oligodontia, microodontia, taurodontism, pulp stones, excessive interdental spacing, short roots and aberrant tooth shape including peg-shaped teeth.

Diagnosis of Williams-Beuren syndrome is based on recognition of the aforementioned characteristics and there is no single treatment. It involves a combination of medical monitoring, anticipatory guidance, direct therapies, pharmacotherapy, surgery and adaptive changes. None of the available treatments are curative.

The aim of this paper was to report the treatment, oral and dental findings of a boy with Williams-Beuren syndrome and dental management of several months’ evaluation.

**Case report**

A 9-year-3-month-old boy, previously diagnosed with Williams-Beuren syndrome at 4 years old (Fig. 1a), who had had a painful lower right first molar because of a dental abscess, presented to the Postgraduate Pediatric Dentistry Clinic (Toluca, México). Radiographic evaluation showed a periapical lesion (Fig. 2).

The patient was treated with amoxicillin (50 mg/kg/60 min before the procedure as antibiotic prophylaxis against infective endocarditis. Drainage of the dental abscess was done. The antibiotic therapy continued for seven days (50 mg/kg/day in three divided doses).

Consultation with the child’s cardiologist revealed pulmonary stenosis, interatrial communication, ventricular septal defect and patent ductus arteriosus.

According to the parents, the patient has had heart disease, diminished intellectual capability and feeding difficulties since birth and he is bothered by loud noises (hyperacusis). Additionally, he has never attended a dental clinic before.

Medical history revealed a full-term infant (39 weeks) with low Apgar score (3/7) and 3 kg birth weight. Newborn resuscitation was required. The patient had had chickenpox at age 2, a thermal burn of the scalp had occurred at the age of 3 years, resulting in alopecia which involves the right temporal bone area crossing the anterior segment of the parietal bone to reach its left portion (Fig. 1b). Regarding feeding habits, the mother reported breastfeeding until 5 months, bottle feeding was withdrawn at the age of 1 and low dairy product consumption due to hypercalcemia.

Clinical examination showed short stature, dolichocephalic type of face, hypertelorism, strabismus, wide depressed nose, thick lips, convex profile with apparent mandibular retrognathism, deficient chin and clinodactyly (Fig. 1a, c).

Intraoral examination of the mucosa, hard and soft palate, tonsils, tongue, and mouth floor revealed no pathologic findings. Oral hygiene was poor (O’Leary plaque control record [PCR] of 100%) and moderate gingival inflammation was found around most of the teeth. Additionally, wide dental arches, anterior interdental spacing, tongue thrusting and malocclusion were observed (Fig. 3a, b).

Dental examination showed mixed dentition stage, hypoplasia of the 2 right first permanent molars, absence of the lower right second bicuspid (as corroborated by X-ray evaluation) and coronal discoloration of the maxillary left central incisor due to pulp necrosis by a traumatic lesion 7 months previously. Extensive caries were in the first right permanent molars and primary molars.

The goals of the dental treatment was to eliminate the etiological factors of caries and gingivitis, to treat the lesions and to restore the function of the dentition, as well as to educate the parents on how to establish proper preventive measures.

Dental treatment included: composite resin fillings, pulpotomy and stainless steel crown of primary mandibular first molar, apexification in the permanent maxillary left central and extractions in the permanent and primary molars. Mandibular primary first left molar extraction was followed by the placement of a band and loop space maintainer (Fig. 3c, d). All of these procedures were carried out under local anesthesia and antibiotic prophylaxis.

Immediate preventive management consisted of teaching and reinforcing brushing technique, a complete prophylaxis and fluoridated varnish application as well as pit and fissure sealants in the permanent maxillary left premolars.

Follow-up examinations were scheduled every 3 months for a year, and showed healthy gingival tissue and no new caries, as well as eruption of premolars. The space maintainer was removed (Fig. 3e, f). It was therefore decided to start the orthodontic treatment since oral health had been successfully maintained for an extended period.
Williams-Beuren syndrome is a very rare disorder and the extent of medical and developmental problems is highly variable. Cardiovascular and renal defects are the main problems we are confronted with, and moreover, the frequent occurrence of orofacial and dental abnormalities. In this case, the patient had pulmonary stenosis, interatrial communication, ventricular septal defect and patent ductus arteriosus, moderate intellectual disability, hyperacusis, hypercalcemia, strabismus, malocclusions and feeding difficulties. Stenosis of the medium and large arteries constitutes the prototypical cardiovascular abnormality of Williams-Beuren syndrome. Campos-Lara et al. reported some abnormalities both in primary and permanent teeth: malocclusion, enamel hypoplasia, oligodontia, pulp stones, microdontia, taurodontism, supernumerary teeth, excessive interdental spacing and short roots. Our patient presented enamel hypoplasia, malocclusion, hypodontia of the lower right second bicuspid and excessive interdental spacing. Consultation with a pediatric cardiologist is recommended for possible antibiotic prophylaxis, which in this case was required. However, Campos-Lara et al. described a case with
Williams-Beuren syndrome presenting aortic stenosis and didn’t report antibiotic prophylaxis. Moskovitz et al.\(^4\) reported 3 cases of Williams-Beuren syndrome with multiple decayed teeth, the patients had uncooperative behavior, the treatment was performed under sedation, and antibiotic prophylaxis was administrated in 2 cases.

Our patient, on the other hand, had cooperative behavior. The entire dental treatment was performed on an outpatient basis, which prevented the child from undergoing general anesthesia. Establishing a relationship with the patient, the use of communication techniques and positive reinforcement enabled the development of the child’s positive attitude towards oral health, resulting in an improvement of oral hygiene and, therefore, maintaining oral health.

Treating a patient with Williams-Beuren syndrome should take into account cardiovascular disease, mental retardation and the behavior of the child. Preventive measures, education, caregiver training and frequent consultations with a pediatric dentist are essential for patients with special health care needs.

**References**