Evaluation of the efficacy of the metal artifact reduction algorithm in the detection of a vertical root fracture in endodontically treated teeth in cone-beam computed tomography images: An in vitro study

Abstract

Background. Three-dimensional (3D) cone-beam computed tomography (CBCT) scans play an important role in dental diagnostics and treatment planning, especially in detecting vertical root fractures (VRFs). However, artifacts caused by high-density dental materials can negatively affect the quality of CBCT images by decreasing contrast and masking structures.

Objectives. The aim of this study was to assess the efficacy of artifact removal software in detecting VRFs in endodontically treated teeth on CBCT scans.

Material and methods. This study evaluated 70 endodontically treated single-rooted teeth. Half of the teeth were cracked by introducing a wedge into the canal and tapping gently with a hammer; the rest remained untouched as a control group. The teeth were then mounted in a bovine rib bone. Soft tissue was simulated using red dental wax. Cone-beam computed tomography scans were taken using the NewTom® 3G, ProMax® 3D and Cranex® 3D CBCT systems, and the MATLAB software was applied. The images were evaluated by 2 oral and maxillofacial radiologists, and the results were recorded in a checklist. The data was analyzed using the κ coefficient, McNemar’s test and the receiver operating characteristic (ROC) curves.

Results. A significant inter-observer agreement was noted between the 2 observers in detecting VRFs using all CBCT systems. In all systems, the use of the MATLAB software improved the detection of VRFs, but the difference was not significant in the NewTom 3G (p = 0.119) and ProMax 3D (p = 0.455) systems. However, the difference was significant in the Cranex 3D system (p = 0.039).

Conclusions. The MATLAB artifact removal software can enhance the detection of VRFs on CBCT scans to some extent.

Key words: cone-beam computed tomography, artifact, fracture, endodontically treated
Introduction

Cone-beam computed tomography (CBCT) is an imaging modality with several applications and an increasing popularity in dentistry. It provides three-dimensional (3D) images and is commonly used in implantology, orthodontics, and oral and maxillofacial surgery. The majority of CBCT systems are capable of producing high-resolution images that visualize fine anatomical structures. The advantages of CBCT compared to conventional radiography have increased its use in many dental fields. The main advantage of CBCT in the detection of dental lesions is that it provides superior 3D images of the teeth and periodontal tissue compared to two-dimensional (2D) radiography. Moreover, the patient radiation dose in CBCT is lower than that in multi-detector computed tomography (MDCT).

Exposure parameters, such as field of view (FOV) and voxel size, can affect the quality of CBCT images. Cone-beam computed tomography systems with a small FOV provide images of higher quality and lower artifact incidence compared to CBCT systems with a large FOV. Cone-beam computed tomography has been suggested as an efficient diagnostic modality for complex root canal treatment and for the assessment of the root canal system. Recently, CBCT has been recommended as an efficient modality for the detection of vertical root fractures (VRFs) due to its numerous advantages. Vertical root fractures are often detected by noticing a radiolucent fracture line. An X-ray beam needs to be parallel to the fracture line; otherwise a radiolucent trace is not visible on radiographs.

Artifacts are the errors or distortions of the image reconstruction data. Artifacts caused by high-density materials affect the quality of CBCT images by decreasing contrast and masking structures, which complicates diagnosis. Gutta-percha, root-filling materials and metal posts can cause streak artifacts, which mimic the fracture lines and cause false positive results, hindering the detection of root fractures.

Several methods have been suggested to reduce CBCT artifacts. The ProMax CBCT systems (Planmeca Oy, Helsinki, Finland) have the artifact reduction algorithm. In order to prevent unnecessary treatment due to false positive results, it is imperative to know the details of artifacts caused by root filling materials as well as methods to minimize them.

To the best of our knowledge, studies on the efficacy of artifact removal software in enhancing the detection of VRFs of endodontically treated teeth on CBCT scans are limited. The aim of this study was therefore to assess the efficacy of an artifact removal program in detecting VRFs in endodontically treated teeth on CBCT scans.

Material and methods

This study evaluated 70 single-canal teeth extracted for orthodontic treatment or severe periodontal disease (the number of approval from the ethics committee: IR.UMSHA.REC.1396.687). Multi-rooted and broken teeth, and those with root caries were excluded. The teeth were disinfected using 2% sodium hypochlorite solution. The root canals were instrumented by an endodontist using a stainless steel K-file size 40 (Dentsply, Ballaigues, Switzerland) and the passive step-back technique, and were filled with gutta-percha points size 40 (Pumadent Co., Ltd., Tianjin, China) using the lateral compaction technique. Next, the gutta-percha sealer was removed from the coronal third of the canal with a Gates–Glidden drill size 3 (Mani Inc., Utsunomiya, Japan). Teeth with a complete root fracture that occurred during root canal preparation were excluded. The teeth were then randomly divided into 2 groups (n = 35). Cracks were induced in the experimental group by introducing a wedge into the canal and tapping gently with a hammer; the other group remained untouched as a control group. A fresh bovine rib bone was used in this study due to its resemblance to the alveolar bone. The ribs were cut into bone segments measuring 15 mm in length, 10 mm in width and 20 mm in height.

The teeth from each group were randomly mounted in rows (7 teeth in each row) in 10 bovine ribs in a curved fashion to simulate the dental arch, and then fixed with dental wax. The bovine ribs were coated with 3 layers of wax to simulate soft tissue (Fig. 1).

The teeth mounted in each bovine rib were subjected to CBCT using the following CBCT systems:

- NewTom® 3G (Quantitative Radiology, Verona, Italy) with 6-inch FOV, 10.65 mA and 90 kVp;
- ProMax 3D (Planmeca Oy) with 8 cm × 8 cm FOV, 14 mA, time of 12 s, and 84 kVp, with and without the metal artifact reduction (MAR) algorithm;
- Cranex® 3D (Soredex, Tuusula, Finland) with 6 cm × 8 cm FOV, 4 mA, time of 6.1 s, and 110 kVp, with and without the MAR algorithm.

The CBCT images obtained by means of the NewTom 3G system were evaluated in 2 modes: with and without the MATLAB (www.mathworks.com) image processing software (Fig. 2,3).

The CBCT images obtained using ProMax 3D were evaluated in 3 modes: with and without the artifact removal...
feature of the system, and also by applying the MATLAB artifact removal software (Fig. 4–6).

The CBCT images obtained with Cranex 3D were evaluated in 3 modes: with and without the artifact removal feature, and by applying the MATLAB artifact removal software (Fig. 7–9).

The CBCT scans of each group were assessed by 2 oral and maxillofacial radiologists with 10 years of clinical experience in a double-blind fashion on a 20-inch monitor (200P; LG Corporation, Seoul, South Korea) in a semi-dark room. The observers independently evaluated the images in the axial, coronal and sagittal planes by scrolling the mouse, and also assessed the cross-sectional images with a slice thickness of 1 mm and intervals of 0.5 mm. The observers were allowed to adjust the density and contrast of the images, and to use a magnification tool.
Results

As shown in Table 1, the 2 observers had a significant agreement according to the $\kappa$ statistic. The use of the MATLAB and MAR software programs improved the sensitivity and specificity of the detection of VRFs. Cranex 3D with the MATLAB software yielded the highest sensitivity (85%) and specificity (80%), whereas ProMax 3D showed the lowest sensitivity (48%) and specificity (51%) (Table 2). According to the $\chi^2$ test, the difference between NewTom 3G and NewTom 3G (MATLAB) was not significant ($p = 0.119$). No significant differences were noted between ProMax 3D and ProMax 3D (MATLAB) ($p = 0.455$), ProMax 3D and ProMax 3D (MAR) ($p = 0.980$), or Cranex 3D and Cranex 3D (MAR) ($p = 0.060$). However, the difference between Cranex 3D and Cranex 3D (MATLAB) was significant ($p = 0.039$) (Table 3).

The independent $t$-test was used to assess the effect of the tooth position on the detection of VRFs. It was also applied to compare the mean area under the curve (AUC) in the anterior and posterior teeth, which showed no significant difference ($p = 0.137$) (Table 4).

Table 1. Inter-observer agreement for different cone-beam computer tomography (CBCT) systems determined by calculating the Cohen’s $\kappa$ coefficient

<table>
<thead>
<tr>
<th>System/Mode</th>
<th>Coefficient of agreement</th>
</tr>
</thead>
<tbody>
<tr>
<td>NewTom 3G</td>
<td>0.910</td>
</tr>
<tr>
<td>NewTom 3G (MATLAB)</td>
<td>1</td>
</tr>
<tr>
<td>ProMax 3D</td>
<td>1</td>
</tr>
<tr>
<td>ProMax 3D (MAR)</td>
<td>1</td>
</tr>
<tr>
<td>ProMax 3D (MATLAB)</td>
<td>0.910</td>
</tr>
<tr>
<td>Cranex 3D</td>
<td>0.910</td>
</tr>
<tr>
<td>Cranex 3D (MAR)</td>
<td>1</td>
</tr>
<tr>
<td>Cranex 3D (MATLAB)</td>
<td>1</td>
</tr>
</tbody>
</table>

MAR – metal artifact reduction.

Table 2. Sensitivity, specificity, false positive, and false negative values for the 3 cone-beam computer tomography (CBCT) systems assessed in the study

<table>
<thead>
<tr>
<th>System/Mode</th>
<th>Sensitivity [%]</th>
<th>Specificity [%]</th>
<th>False negative [%]</th>
<th>False positive [%]</th>
<th>mean AUC</th>
<th>SE (AUC)</th>
<th>95% CI (AUC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NewTom 3G</td>
<td>65</td>
<td>65</td>
<td>34</td>
<td>34</td>
<td>0.657</td>
<td>0.071</td>
<td>(0.770–0.543)</td>
</tr>
<tr>
<td>NewTom 3D (MATLAB)</td>
<td>77</td>
<td>71</td>
<td>22</td>
<td>28</td>
<td>0.743</td>
<td>0.068</td>
<td>(0.846–0.639)</td>
</tr>
<tr>
<td>ProMax 3D</td>
<td>48</td>
<td>51</td>
<td>51</td>
<td>48</td>
<td>0.557</td>
<td>0.059</td>
<td>(0.674–0.439)</td>
</tr>
<tr>
<td>ProMax 3D (MATLAB)</td>
<td>71</td>
<td>62</td>
<td>28</td>
<td>37</td>
<td>0.614</td>
<td>0.058</td>
<td>(0.727–0.500)</td>
</tr>
<tr>
<td>ProMax 3D (MAR)</td>
<td>57</td>
<td>60</td>
<td>42</td>
<td>40</td>
<td>0.586</td>
<td>0.060</td>
<td>(0.703–0.468)</td>
</tr>
<tr>
<td>Cranex 3D</td>
<td>68</td>
<td>68</td>
<td>31</td>
<td>31</td>
<td>0.686</td>
<td>0.056</td>
<td>(0.795–0.576)</td>
</tr>
<tr>
<td>Cranex 3D (MATLAB)</td>
<td>85</td>
<td>80</td>
<td>14</td>
<td>20</td>
<td>0.829</td>
<td>0.045</td>
<td>(0.917–0.740)</td>
</tr>
<tr>
<td>Cranex 3D (MAR)</td>
<td>82</td>
<td>70</td>
<td>17</td>
<td>21</td>
<td>0.743</td>
<td>0.052</td>
<td>(0.844–0.641)</td>
</tr>
</tbody>
</table>

AUC – area under curve; SE – standard error; CI – confidence interval.
The detection of VRFs is challenging, because false negative diagnoses lead to periodontal disease over time, whereas false positive diagnoses lead to unnecessary dental treatment.\textsuperscript{15,16}

The main limitations of periapical radiography include the superimposition of anatomical structures and the poor visualization of VRFs.\textsuperscript{17,18} Researchers have long been searching for modalities alternative to periapical radiography and CBCT has been introduced for this purpose.\textsuperscript{19} Considering the need for further investigation on this topic as well as the fact that CBCT systems may perform differently due to the differences in their FOV, voxel size and detectors, this study compared the efficacy of 3 CBCT systems, namely NewTom 3G, ProMax 3D and Cranex 3D, with or without the artifact removal software, in the detection of VRFs. The results showed that the sensitivity values for NewTom 3G, ProMax 3D and Cranex 3D were 65%, 48% and 68%, respectively; after applying the MATLAB software, they were 77%, 71% and 85%, respectively. Also, the sensitivity values for ProMax 3D and Cranex 3D after applying the MAR algorithm were 57% and 82%, respectively. The specificity values for NewTom 3G, ProMax 3D and Cranex 3D were 65%, 51% and 68%, respectively; after applying MATLAB, they were 71%, 62% and 80%, respectively. The specificity values for ProMax 3D and Cranex 3D after applying the MAR algorithm were 60% and 70%, respectively.

The anterior/posterior position of the teeth had no effect on the diagnostic efficacy of the systems in detecting the VRFs assessed in the study.

Hekmatian et al. evaluated the effect of the presence of gutta-percha on the detection of VRFs on CBCT images and reported that the presence of gutta-percha in the canal decreased the ability to detect VRFs.\textsuperscript{20} Kamburoşı et al. reported that dark areas around gutta-percha on the CBCT images of endodontically treated mandibular premolars caused false positive results and led to misdiagnoses of root fracture.\textsuperscript{21} Hassan et al. evaluated the effect of root filling materials on the detection of VRFs on CBCT images, and reported that they significantly decreased the accuracy and sensitivity of the detection of VRFs.\textsuperscript{22}

The manufacturers of CBCT systems are searching for methods to enhance image quality by developing image processing tools, such as the MAR algorithms.\textsuperscript{23,24} The MAR algorithm is a post-processing program which is applied during image reconstruction and has no effect on image acquisition. The MAR algorithm decreases or eliminates artifacts. This kind of software increases the contrast-to-noise ratio; it also prolongs the image reconstruction time.\textsuperscript{3,25} Tofangchiha et al. evaluated the effect of the artifact reduction algorithm on the detection of VRFs on CBCT scans.\textsuperscript{26} They scanned the teeth with ProMax 3D. The results showed that the sensitivity and specificity values for VRF detection without the artifact reduction algorithm were 54% and 61%, which changed to 57% and 69%, respectively, after applying the artifact reduction algorithm. In fact, applying this algorithm did not increase the sensitivity or specificity of VRF detection.\textsuperscript{26} In the present study, the sensitivity and specificity values for detecting VRFs were 48% and 51% for ProMax 3D without the artifact reduction algorithm, and 57% and 60%, respectively, after applying the algorithm. This was consistent with the results reported by Tofangchiha et al.\textsuperscript{26}

Vasconcelos et al. evaluated the artifacts of endodontically treated teeth on CBCT scans taken by means of different systems – Cranex 3D, Accuitomo\textsuperscript{®} 170 3D, WhiteFox\textsuperscript{®} 3D, and Scanora\textsuperscript{®} 3D – and showed that Cranex 3D had a significantly higher prevalence of artifacts (75%).\textsuperscript{11} The application of the artifact reduction algorithm did not significantly improve the results.\textsuperscript{11} In the present study, the prevalence of artifacts in Cranex 3D was smaller than in the case of other systems and the diagnostic value of this system for the detection of VRFs was higher than that of other systems. The difference between our findings and those reported by Vasconcelos et al. may be due to the different CBCT systems evaluated and the very high resolution of Accuitomo 170 3D (a voxel size of 0.08 mm\textsuperscript{3}) compared to Cranex 3D (a voxel size of 0.2 mm\textsuperscript{3}).\textsuperscript{11}

Metska et al. evaluated the detection of VRFs on CBCT scans taken with Accuitomo 170 3D and NewTom 3G, and showed that the sensitivity and specificity values were 75% and 56%, respectively, for NewTom 3G, and...
100% and 80%, respectively, for Accuitomo 170. In the present study, the sensitivity and specificity values for NewTom 3G were 65% and 65%, respectively, which was consistent with the results of the study by Metska et al. Bechara et al. scanned the teeth using the Master and ProMax 3D CBCT systems, and the results showed that ProMax 3D without software had the highest accuracy for detecting VRFs and Master 3D with software the lowest. The accuracy of both systems significantly decreased after applying the artifact removal software; the accuracy of ProMax 3D with and without software was higher than that of Master 3D.

Queiroz et al. assessed the effect of the CBCT MAR algorithm for different dental materials and indicated that the application of the algorithm caused a significant reduction in the prevalence of artifacts around dental alloys, but had no significant effect on artifact reduction around gutta-percha. In the present study, the application of the MAR algorithm did not significantly decrease the prevalence of artifacts around gutta-percha, which was in agreement with the results of previous studies. The atomic numbers of the main constituents of dental amalgam – silver (Ag) and mercury (Hg) – are 47 and 80, respectively, whereas gutta-percha is composed of zinc oxide, with the atomic number of zinc being 30, and isoprene rubber, with its components of much lower atomic numbers than in the case of amalgam. As a result, the number of artifacts caused by gutta-percha is smaller than those caused by amalgam and other dental alloys, and therefore the MAR algorithm could not detect and minimize them.

Johari et al. evaluated the detection of VRFs in sound premolars and endodontically treated teeth using a probabilistic neural network (PNN). The teeth were scanned with the Kodak 2200 intraoral X-ray system and the NewTom VGi CBCT system. The results showed that the use of PNN is suitable for detecting VRFs in endodontically treated teeth. De Martin e Silva et al. evaluated the effect of using filtering software for CBCT images (i-CAT® next generation) on the detection of VRFs in teeth with metal posts. The results revealed that the presence of gutta-percha and metal posts decreased the accuracy of VRF detection, and that applying filtering software could not enhance the detection of VRFs.

The MATLAB software used in the present study enhanced the detection of VRFs on images taken with the Cranex 3D, ProMax 3D and NewTom 3G CBCT systems to some extent. The difference caused by the application of MATLAB was significant for Cranex 3D, but it was not significant for the other 2 CBCT systems. The differences between our results and those of previous studies may be attributed to the fact that different software programs and CBCT systems were used.

When polychromatic X-ray beams pass through an object, low-energy photons are absorbed to a greater extent than high-energy photons. This phenomenon increases the mean energy of X-ray beams and leads to beam hardening. The low-energy X-ray beams interact with materials with high atomic numbers and cause a further hardening of the beam. An increased voltage [kVp] increases the energy and penetration depth of the X-ray beam. Thus, increasing the voltage decreases beam hardening, and consequently the number of metal artifacts. Panjnounsh et al. evaluated the effects of various exposure settings on the level of metal artifacts when using different imaging modalities and concluded that increasing the voltage decreases the number of metal artifacts. In the present study, Cranex 3D had the highest accuracy for detecting VRFs, followed by NewTom 3G and ProMax 3D in a descending order. Considering a lower voltage of ProMax 3D (84 kVp) compared to NewTom 3G (90 kVp) and Cranex 3D (110 kVp), the prevalence of metal artifacts would be higher in ProMax 3D.

Artifacts on CBCT images are not equally distributed over FOV. The position of an object in FOV affects the amount of scatter radiation, and consequently the level of noise and image quality; placing an object in the center of FOV is important to achieve a high-quality image. In the present study, the simulated dental arch was in the center of FOV, and the anterior/posterior position of the teeth in the simulated dental arch had no significant effect on the detection of VRFs.

Conclusions

The results of this study revealed that applying the MAR algorithm had no positive effect on the detection of VRFs on CBCT images obtained with the Cranex 3D and ProMax 3D CBCT systems. The use of the MATLAB software enhanced the detection of VRFs on CBCT images generated by the Cranex 3D, ProMax 3D and NewTom 3G CBCT systems to some extent. Cranex 3D with the MATLAB software had the highest diagnostic accuracy for detecting VRFs, with sensitivity of 85% and specificity of 80%.

ORCID iDs

Samira Saati  https://orcid.org/0000-0003-2460-774X
Amir Eskandarloo  https://orcid.org/0000-0001-5997-8562
Alireza Falahi  https://orcid.org/0000-0001-7978-3201
Leili Tapak  https://orcid.org/0000-0002-4378-3143
Bahareh Hekmat  https://orcid.org/0000-0001-6185-1253

References


